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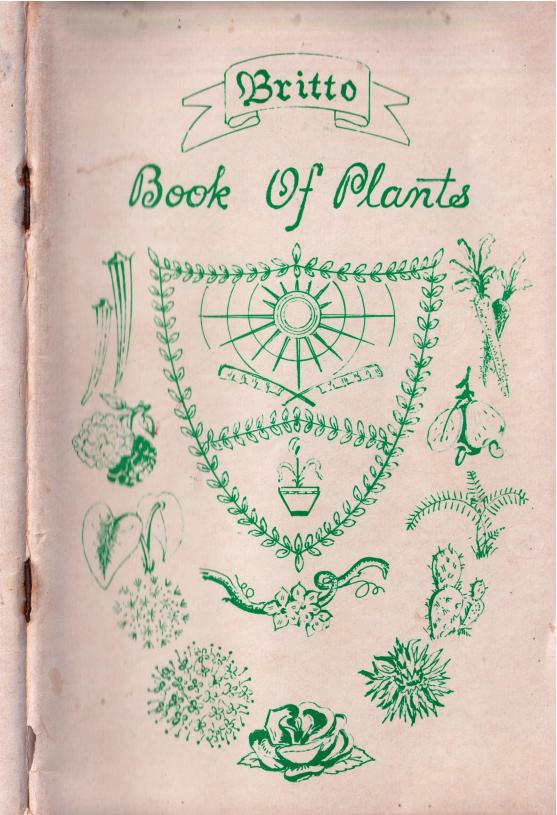


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BOOKS OF PLANTS

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BRITTO BOOK OF PLANTS

We see plants every day of our lives. Yet, how many of us really know about these plants to be able to differentiate one from the other? It was not always that way.

Two generations ago the people in Goa and the rest of India knew plants intimately. They used **Aduso** leaves to relieve fevers, colds, pain and even diabetes. They knew which **suran** could be eaten and which was poisonous. You could not tempt them to touch leaves, fruits or latex of plants that caused allergies. They knew the difference.

Almost all the plants have some use or other. Plants reduce noise, dust, or air pollution by toxic gases. They absorbs and breakdown pollutants from water. Some yield dyes and taning agents. Other plants yield food, fodder, fibre or fuel.

Some persons spend time among the plants and experience the divine presence. Through nature one can commune with that higher spirit that we call God. The rishis understood this and made vanaprasta a pre-requisite to become a Sanyasi. Even today, amidst the bustle of fast-moving life styles, we can experience a calmness, a divine bliss, amongst the trees. What Shelley, Longfellow and Wordsworth wrote in their poems was exactly what they were moved to write by such an experience.

Medicinal values of various plants have been known since vedic period, if not earlier. The Jesuits like Fr. H. Santapau S.J. (former Director of Botanical Survey of India), Fr. Pallithanam S.J. (St. Xavier's College Mapusa) and Fr. Saldanha S.J. (St. Joseph's College, Bangalore) and others have contributed to the spread of this knowledge.

In 1994, St. Britto High School students held an exhibition of medicinal plants. Students and their parents gained first hand knowledge of locally available plants and their use in medicine.

This year the school completes 50 years under Jesuit management. We have decided to reach out and spread the love and knowledge of plants. The plant show, **Britto Flora** '95 is a step in that direction.

On 24th September, 1995, we called Ms. Nagzine Shackleton to demonstrate the art of vegetable carving to students of various schools located in Mapusa. On 12th November, 1995, Ms. Grace Coutinho demonstrated flower arrangements to a similar target group. Parents of our students also attended in large numbers.

Officers of the Agriculture Department demonstrated **pot culture**, cuttage, grafting and other techniques to students of St. Britto High School on 27 and 28 September, 1995. We have encouraged our students and their parents to grow plants.

The Britto Flora '95 is a culmination of these activities during 1995. It is not the end. This book is designed to generate interest in plants available in Goa. I encourage you to read it, to know more about the plants and to grow them. I wish you pleasant reading and happy gardening.

Fr. Abraham Painumkal, S. J. Principal & President of PTA

St. Britto High School.

Dated 1 December 1995.

INTRODUCTION

This book is designed to give you basic information on the plants around you. The only internationally accepted name for a given plant is the **binomial** (pair of names) **classification** as recognised by the international union for conservation of nature and natural resources (IUCN)

The IUCN names are in latin or latinised words from other languages e.g. a plant named after Dr. C. X. Furtado gets the **specific name** Furtadonna. The species name is preceded by a plant group name or **generic name** in latin e.g. Areca. This group includes the arecanut and a number of ornamental palms.

The IUCN names are useless to a lay person who cannot co-relate the plant he sees with the names in the book. The common Konkani and English names are given in the glossary to help in this respect. As you can see there are a number of common names for a given plant. Conversely, one name is used for a number of plants. The common names can thus cause a great deal of confusion.

The scientific names are accurate. Once the common name leads you to the correct scientific name, there is nothing to stop you from referring to standard botany texts like "Flora of the Presidency of Bombay "vol 1 & 2 by Theodore cooke (1905) or Flora of Goa, Diu, Daman, Dadra & Nagarhavelli Vol 1 & 2 by Rolla Seshagiri Rao (1986) published by the Bo-

tanical Survey of India, Howrah, W.B.

With access to the scientific name you can also refer to the "Wealth of India" series (24 volumes) published by the CSIR, Publication & Information Directorate, Delhi. This set of books is available at Goa University Library.

Even if you do not want to know the details of the plants from the above books, this booklet will help you to identify the plant and know a little about it.

The Format of the text is kept simple. For each plant the information is given in the following order:

Scientific name (in Italics)

Local names (in Bold letters)

English names (in Capital letters)

Category: Tree, Shrub, Herb, Vine.

Propagation methods

Family (in Italics)

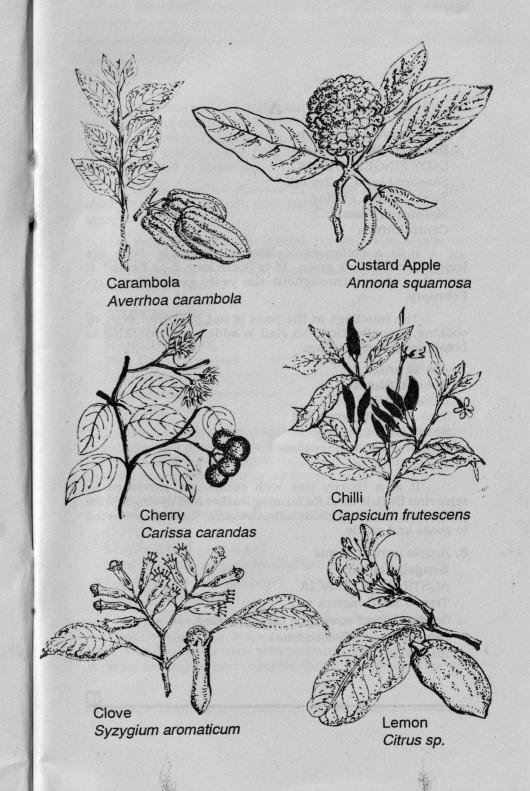
Area of origin.

Brief information about the plant relevent to Goa.

Sketch of the plant is given separately.

Obviously all the plants available in Goa cannot be listed in this book. Plants having names starting with A,B or C are extensively covered. For the other twenty three alphabets we had to chose only a few. The rest of the plants will have to await another book.

- Editor



A

1. Abelmoschus esculentus
Bhendo, Bhendi, Okra
LADY FINGER, GUMBO,
Seasonal herb, 1-2m tall.
Seeds, Direct sowing.
Malvaceae Family.
Central Africa

It is a commonly cultivated vegetable. Pods are lemon green to dark green, 15 to 30cm long, 5 or 7 sided. It can be grown throughout the year, except January-February.

The mucilage in the pods is not distroyed even by cooking. Locally, *Garcinia* rind is added while cooking to break down the mucilage.

2. Acacia arabica

Babool, Shami
GUM ARABIC
Tree, 3 to 10 metres tall
Seeds Direct sowing.
Leguminosae (Mimosaceae)
Tropical Africa

It is a thorny tree with compound leaves as in tamarind Bark is used for tanning leather and dyeing fabrics yellow. Injured stem yields adhesive gum.. Leaves can be fed to goats and cattle.

3. Acacia auriculiformis

Bengali babool,
AUSTRALIAN ACACIA
Tree, 5 to 15 metres tall
Seeds, Direct sowing or transplanting.
Leguminosae (Mimosaceae)
Australia

This tree is extensively planted along roadsides since 1980s. It has compound leaves like tamarind only during first two months. The petiole is later flattened to look like a *Eucalyptus* leaf and the true leaf is reduced to a scale. Responds well to watering.

It bears yellow flowers in August-September and woody inter-twined pods with hanging seeds in January-March

Very good tree for initial revegetation, shade or firewood. Some people get bronchial allergy due to its excessive pollen. Tree is not recommended for residential areas or canal banks.

4. Acacia mangium

Vilayeti Sal MANGIUM TEAK

Tree 10 to 20 metres.

Tiee to to 20 metres.

Seed, Direct sowing or transplanting.

Leguminosae (Mimosaceae)

Australia.

Introduced at M/s Sesa Goa mines in late 1980s. The tree is quick-growing and may attain 5m height in a single year. Responds well to watering. Wood is used as a substitute to teak for making doors, window frames, etc.

5. Acacia catechu

Khair, kath, catechu,

CUTCH

Shrub, 2 to 5 metres tall

Seed Direct sowing or transplanting.

Leguminosae (Mimosaceae)

India

This tree grows on the hillsides. The heartwood is distilled or digested in hot water to yield a red-brown dye or *kath*. This dye is now used with paan-supari or to colour tea. It is an astringent and controls throat infections. The dye

was originally used to produce Khaki cloth.

The tree has compound leaves and is very slow growing. Trunk rarely grows more than 30cm in diameter.

6. Acalypha hispida

Koleachi shempdi

REDHOT CAT'S TAIL

Shrub 1 to 2 metres tall, or rarely a creeper.

Cutting of semi-hardwood

Euphorbiaceae

Tropical Asia.

Ornamental plant with green leaves and red or cream coloured, showy catkins resembling a fluffy tail.

7. Acalypha wilkesiana

Croton

COPPER LEAF, MATCH-ME-IF YOU-CAN

Shrub, 1 to 2 meters tall

Cutting of stem

Euphorbiaceae

Tropical Asia

Leaves are variegated, copper, green ,cream or red coloured,waxy and showy. These are not **crotons** but often confused as one such plant.

8. Adenocalymma alliaceum

Losun vel

BIGNONIA

Vine, Woody stemmed,

Ground layers, cuttings.

Bignonaceae

Tropical America

Beautiful mauve to violet flowers in clusters during August, October and February. Crushed leaves emit a distinct garlic odour.

9. Adhatoda vasica

Aduso, Adulsa

VASACA, MALABAR NUT

Shrub 1 to 2 metres tall

Seed, cuttings

Acanthaceae

Tropical Asia, India

Commonly used as a multi-purpose hedge near homes. The small white flowers in spikes (like abolim) contrast well with the dark green leaves. The flowers are used in garlands. The hedge can keep out small animals like dogs and goats.

The leaves are used in warm bathwater to reduce fever. The extract of the leaves is an expectorant and is used in a popular cough syrup. Leaves, if eaten on 21 consecutive days, are known to reduce diabetes. A single leaf may be heated and placed over the ear to relieve earache.

10. Aegle marmelos

Bael, Bilva, Sriphal, Belpatri

BENGAL QUINCE, WOODAPPLE TREE,

Tree, 5 to 10 metres tall

Seeds, Direct sown or transplanted

Rutaceae

North India, lower Himalayas

Trifoliate leaves of this tree are essential for satya-Narayan pooja. Fruit is eaten or made into juice, syrups or wine.

This tree should not be confused for woodapple Feronia elephantum which has leaves with a winged periole and is penta-or septa-foliate. Both these plants belong to the lemon family, Rutaceae.

11. Agave sisalana

Sisal

CENTURY PLANT, BAHAMA HEMP

3

Herb, rosette Succulent Bulbils (Baby plant) Agavaceae Mexico

Plant resembles that of pine-apple or aloe. Leaves held stiffly and with spiny tip. Long, pole-like flower stalk emerges in seven to thirty years. Flowers modified into bulbils. Plant used as an ornamental. Fibre from leaves can be used to make ropes.

12. Aglaonema treubi

Aglaonema

CHINESE EVERGREEN

Herb, 30 to 50cm tall

Seeds, cuttings, clump seperation

South East Asia.

An ornamental plant with variegated or silver coloured leaves and red, chilli-like fruit with hard seeds. Introduced to India in 1980s and now extensively used as a potted plant indoors.

13. Allamanda cathartica

Botheh

GOLDEN TRUMPET

Shrub to rambling vine.

Cutting, clump separation

Apocynaceae

Tropical South America.

Large golden flowers with five petals partly fused to form a conical tube. It is an ornamental plant. Sap is a cathartic and emetic.

14. Allium cepa

Kando, Piao

ONION

Herb

Seed or bulb

Alliaceae

Temperate Europe, Persia

The onion bulbs, when planted again during the second season, bear hard black seeds. The seeds are used to raise spring onions for planting.

15. Allium sativum

Losun, Lasuna

GARLIC

Herb

Seeds

Alliaceae

Central Asia

Garlic is used as a spice and as a cure for high blood pressure, intestinal worms and toothaches. It is a good expectorant for common colds.

16. Alocasia cuculata

Madi

GIANT TARO

Herb

Corm cuttings

Araceae

Indo-Malaysian region

The corm is eaten as vegetable.

17. Aloe barbadensis

Kantekunvor.

ALOE, CURACAO ALOE

Herb, rosette 20 to 50cm

Seed. Suckers

Liliaceae

Mediterranean region

The soft pulp of the thick, fleshy leaves is used for

softening the skin to extract thorns, improve complexion or reduce burn damage.

18. Alpinia malaccensis

Ful-velchi

GINGER LILY

Herb, 1 to 2 metres tall.

Rhizomes, bulbils

Zingiberaceae

Polynesia, Malaysia

Plant resembles that of cardamon but bears attractive red flowers at the apex. Flowers later develop into plantlets as in Ribbon grass or Spider Lily. Ornamental.

19. Alstonia scholaris

Sathwan, Santon, Saithan

PALMIRA ALSTONIA, DEVIL'S TREE

Tree 20 to 40 metres tall

Seed

Apocynaceae

Srilanka & India.

A tall, majestic tree which bears strongly fragrant flowers during November - March period. It bears pods resembling yard-long beans in bunches.

Alstonia has a peculiar branching system. It bears four branches at each node and yet manages to grow with a single majestic trunk.

20. Amaranthus gangeticus (A.blitum)

Tambdi baji

RED AMARANTH

Herb: 30cm to one metre tall

Seed, Direct or transplanted

Amaranthaceae

Tropical Asia

This is a popular leafy vegegtable cultivated throughout Goa. Leaves are blood red in colour. Green and green-red leaved varieties are also grown

21. Amorphophallus campanulatus

Suran

ELEPHANTFOOT YAM, ARUM

Herb, one metre tall

Corm cuttings, cormlets

Araceae

Tropical Asia

The large, sub-surface corm is cooked as vegetable or used as potato subsitute. Only the light green stemmed varieties are edible. Dark green and purple stemmed plants produce inedible yams.

22. Anacardium occidentale

Kaju

CASHEW

Tree; 2 to 10 metres tall

Seed, grafting

Anacardiaceae

Brazil, Tropical America

This exotic plant now occupies one third of all cultivated area in Goa. It produces net exportable surplus of processed cashewnuts and **feni**. The shell liquid (CNSL) is used to paint canoes and to protect wood from termites.

23. Ananas comosus

Ananes, Ansa

PINE-APPLE

Herb, rosette, one metre tall

Suckers, crown, slips

Bromeliaceae

Brazil

Excellent dessert fruit that is available from May to August in Goa. Leaf fibre can be used for making ropes.

24. Annona squamosa

Anth, Anther, Sitaphal

CUSTARD APPLE, SWEET SOP

Tree, 2 to 10 metres tall

Seed, grafts

Annonaceae

Tropical America.

It is fruit containing hard, black seeds and creamy, white pulp. Bullsheart, Soursop, Cherimoya and Atemoya also belong to the *Annona* genus.

25. Anthurium andreanum

Anthurium, Ful terem

PAINTER'S PALETTE

Herb, 30 to 50cm tall

Suckers, seeds

Araceae

Tropical America.

The pink, red, white or a combination-coloured flower spathe has a long vase-life . It is becoming increasingly popular in Goa as a potted plant and cut-flower with export potential.

26. Arachis hypogea

Bingtam, Shing-dane

GROUNDNUT, PEANUT

Herb, 10 to 30cm tall

Seeds

Leguminosae (Papilionaceae)

South America

It is a popular pulse and oilseed crop in Goa since its introduction into commercial cultivation in late 1970s

The tubular, yellow flowers penetrate the soil near the roots and bear pods below the soil level.

27. Araucaria cookii

Christmas tree

MONKEY PUZZLE TREE

Tree, 10 to 50 metres tall

Seed, transplanted.

Araucariaceae

Polynesia, Australia

This is a coniferous tree growing at higher altitudes. It does not bear cones or seeds in Goa.

28. Areca catechu.

Bedo-maadi, Beeda, Supari

BETELNUT PALM, ARECA PALM

Palm. 10 to 20 metres tall

Seeds

Palmae

Tropical Asia

It is mainly grown for **supari** used in **paan** and **paan** masala. The stem can be used as poles. Caps and plates are made of the leaf sheath

29. Artocarpus integrifolia

Ponos, Borkoi

JACKFRUIT

Tree, 10 to 30 metres tall

Seed, grafts

Moraceae

India and Malaysia

The Jackfruits segments are eaten as dessert fruit. The fruit skin and green leaves are used as cattle fodder. Planks are made of its sturdy trunk.

30. Artocarpus lakoocha

Vomt, otma, Aotam LAKOOCHA Tree, 10 to 20 metres tall Seed Moraceae India

Raw fruit is sliced and dried for use as a souring agent for curries. Wood is used for boat building, specially dug-out canoes.

31. Asparagus setaceus

BRIDAL FERN, MAIDEN FERN

Vine, slender, thorny

Seed, Transplanted

Liliaceae

India

The wispy leaves are used in bouquets

32. Averrhoa bilimbi

Bimblim, bilimbi

CUCUMBER TREE

Tree 2 to 5 metres

Seeds

Averrhoaceae

Malaysia

It bears tiny red flowers in bunches along the main trunk. Fruits are five to ten centimetres long and one centimetres in diametre. Used as souring agent in curries.

33. Averrhoa carambola

Karmal

CARAMBOLA

Tree, 5 to 10 metres tall

Seed

Averrhoaceae

Tropical Asia.

Fruit is either eaten fresh or made into pickles and jams.

34. Avicennia marina

Kari

MANGROVE

Shrub, 5 to 10 metres tall

Seeds

Avicenniaceae

Tropical Asia & Australia

This plant grows on the river banks and is commonly seen along the Mandovi river system, specially near Chorao. It has breathing roots or *pneumatophores*.

All mangroves are protected by law and their cutting for firewood or prawn farming is illegal in Goa.

35. Azadirachta indica

Kodulimb, Neem

NEEM. MARGOSA

Tree, 5 to 10 metres tall

Seed

Miliaceae

Indo - Malaysia region

Neem oil from the seeds is a good insect repellent and insecticide. The de-oiled neem powder is a good manure for coconut trees.

The tree grows best in well-drained, gravelly or sandy soil. Do not manure or irrigate.

B

36. Balsamina latifolia

Chiddo

BALSAM, GARDEN BALSAM

Herb: 20 to 50cm tall

Seed. Direct sown.

Balsaminaceae

Indo-Malaysia region

This plant grows on hill sides naturally during the rainy season. The capsule bursts when the tip is pressed. Flowers are borne along the stem. Petals are generally violet but hybrids with red, orange and other coloured petals are available.

37. Bambusa arundinacea

Velu

GIANT BAMBOO Herb, 10 to 20 metres tall Suckers, Seed, Tissue culture Poaceae (Graminae) Tropical Asia

This is a stout bamboo used as shuttering poles, uprights and for scaffolding. Culm is about ten to fifteen centimetres in diameter. Young bamboo shoots and buds are edible.

38. Bambusa vulgaris

Maan, Cono, Udh COMMON BAMBOO Herb, 5 to 10 metres tall Suckers, seed Poaceae (Graminae) Tropical Asia

This bamboo is used for making ladders, baskets and mats. The culm is long and slender, never exceeding ten centimetres diameter at the base. The young buds are edible.

39.Basella rubra (B.alba)

Vowchi baji

VINE SPINACH
Vine, soft stemmed.
Seeds, cuttings
Basellaceae
Tropical Africa

There are red and green stemmed varieties. Plant grows round the year and yields a green leafy vegetable rich in iron and vitamin C. The juice of its small, red berries is a natural food colour.

40. Bauhinia purpurea

Apto, Kachnar

CAMEL'S FOOT TREE

Tree, 5 to 15 metres tall

Seeds

Leguminosae (Caesalpiniaceae)

India to China

This tree is normally grown as an ornamental plant or for its pink wood. The flower and buds are edible.

This generic name is in honour of the Bauhin twin brothers who were botanists. The leaf shape is like the cloven foot of a camel or cattle.

41. Beaucarnea recurvata

Nolina

PONY TAIL PLANT.

Shrubby herb, one metre tall

Suckers, bulbils

Agavaceae

Mexico

This plant has a large, bottle-shaped stem with a tuft of long leaves in a rosette on top. Ornamental. Leaves used as thatch and for making mats in native Mexico.

42. Begonia rex

Begonia

Herb, 20 to 50 centimetres tall.

Cuttings, clump separation

Begoniaceae

Tropical America

These are largely ornamental plants grown for their

showy leaves and flowers. The flowers are edible and used to prepare a decoction against colds.

43. Benincasa hispida

Kuhanlo, Bobro

WAX GOURD, ASH GOURD

Vine, soft stemmed

Seeds, Direct sown.

Cucurbitaceae

Tropical Africa

The fruit is used as a vegetable. It is rich in vitamins A, B and C. and is also used as a blood purifier in ayurveda.

44. Bombax malabarica

Sanvor, Kapok

SILK-COTTON TREE

Tree, 10 to 20 metres tall

Seeds. Transplanted

Bombacaceae

Tropical India

Tall, soft-wooded tree with horizontal branches on a straight trunk. Sheds leaves in December and then bears large, brilliant red, waxy flowers. The cotton pods mature in April-May. The silk cotton fibres are used locally to stuff pillows and mattresses.

45. Brassica oleracea

Kobi, Ful-Kobi

CABBAGE, CAULIFLOWER, BROCOLI

Herb 20 to 50 Centimetres tall

Seeds, Transplanted

Brassicaceae (Cruciferae)

Mediterranean region

Cabbage, cauliflower and brocoli belong to the same species but they are three different botanical varieties.

Cabbage has been cultivated for more than 8000 years while cauliflower was first grown during the Roman era.

46. Brassica caulorapa

Godde, Nab, Knolkohl

KNOLKOHL, KOHLRABI

Herb, 20 to 50 centimetres tall

Seeds, Transplanted

Brassicaceae (Cruciferae)

Mediterranean Asia.

The swollen, round stem is eaten as vegetable within two months of sowing and is a popular crop in Goa.

47. Butea frondosa

Palas

BASTARD TEAK, BENGAL KINO

Tree, 20 to 50 metres tall

Seeds

Leguminosae (Papilionaceae)

Indo-Malaysia region

Tall tree with broad leaves which are used for making disposable plates or wrapping food in Karnataka. It bears bright orange to red flowers in January-February in such profusion as to earn it the name "Flame of the Forest."

An yellow dye is extracted from the flowers. Seeds from its Gulmohur - type, large pods are pounded and used as purgative and to treat intestinal worms.

C

48. Caesalpinia pulcherrima

Combo-shenkro, Shankasur, Alfuli

PEACOCK FLOWER, PARADISE FLOWER

Shrub. 2 to 5 metres tall.

Seeds, cuttings.

Leguminosae (Caesalpiniaceae)

Tropical Asia

A beautiful ornamental plant with yellow, salmon or orange-red flowers having hanging anthers. The jelly-like, transparent flesh on the seeds in immature pods is edible. Peak flowering is in August-September.

49. Cajanus cajan

Tur

REDGRAM, PIGEON PEA

Shrub, one to two metres tall

Seeds

Leguminosae (Papilionaceae)

Tropical Asia & Africa.

This is a perennial plant normally cultivated as a seasonal crop which takes four to six months to mature for harvest. The grain is normally split into "dal" before cooking.

50. Caladium bicolor

Tero, Terem

ANGEL WINGS, ELEPHANT'S EARS

Herb. 20 to 50 centimetres tall

Rhizomes, seeds

Araceae

Tropical South America

Normally grown as an ornamental plant with white, white and red or variegated leaves.

51. Calamus rotang

Rotam, Beth

CANE. RATTAN CANE

Herb, 15 to 10 metres long.

Suckers, Clump division

Palmae

Tropical Asia & Africa

The stem is flexible and is used for making furniture, baskets, mats, walking sticks and lathi.

52. Calathea makoyana

PEACOCK PLANT, PRAYER PLANT

Herb, 20 to 50 centtimetres tall

Suckers, Clump division.

Marantaceae

It is used exclusively as an ornamental plant in Goa. The tubers are rich in starch. They are often attacked by rats and bandicoots.

53. Calendula officinalis

Rosam, Rozini

CALENDULA, POT MARIGOLD

Herb, one metre tall

Seeds, Cuttings

Compositae

Persia (Iran)

The flowers look similar to the common Marigold. The flowers are used in home remedies for intestinal worms and jaundice. The leaves are simple, unlike those of marigold.

54. Calliandra houstoniana

POWDER PUFF

Shrub, one to five metres

Seeds, Cuttings

Leguminosae (Mimosaceae)

Tropical Asia & America

It is an ornamental plant with powder - puff like violet or red flowers.

55. Calotropis gigantea

Ruie, Madar

CALOTROPIS, MILK WEED

Shrub. 1 to 3 metres tall

Seeds

Ascelpiadaceae

Tropical Asia

The milky latex is used to reduce toothache and to soften the flesh to remove thorns. The leaves are used as a poultice on boils, sores and wounds. The floss of the fruit is used to stuff pillows. The leaves are a good antifeedent for insects in paddy fields. This plant is commonly seen along roadsides. It bears purple to mauve flowers with large yellow anthers along the top.

56. Calycopteris floribunda

Uski

GETONIA

Vine, woody stem

Seeds

Combretaceae

Indo-Malaysia

The leaves are used as green manure for coconut. The soil at the roots is favoured by gardeners. Bears bunches of off-white flowers in December-February. Generally seen as a shrub due to constant trimming for manure.

57. Canavalia ensiformis

Gevdeh

SWORD BEAN, JACK BEAN

Vine

Seeds

Leguminosae (Papilionaceae)

West Indies.

The large, green, flat pods are cooked as a vegetable. It is cultivated.

58. Canna indica

Dev Kelmo

INDIAN SHOT, AFRICAN TURMERIC

Herb, one metre tall

Seeds, Clump separation

Cannaceae

Tropical America

It is grown as an ornamental plant either in pots or flower beds. Leaves can be used for wrapping food.

59. Capparis zeylanica

Vaghanti, Tottlebali

CRADLE CREEPER

Vine, woody stem

Seeds

Capparidaceae

Tropics

This stout creeper has dark green, waxy, simple, alternate, ovate leaves. The leaves are used as poultice to reduce swellings due to boils or piles. The root bark is a sedative and reduces perspiration and pain.

60. Capsicum annuum

Mirsang

CHILLI, BELL PEPPER, PAPRIKA

Herb, 50cm to one metre

Seeds

Solanaceae

Tropical South America (Chile)

This is a spice brought by Columbus to Europe as a substitute for Indian Black Pepper. Used extensively in Indian cooking. Fruits are used either green or after drying when ripe red. They are rich in vitamins A & C.

61. Capsicum frutescens

Lovongi, Tarvoti mirsang

PERENNIAL CHILLI

Herb one metre tall

Seeds

Solanaceae

Tropical America.

These chillies are held erect and upwards and are smaller than the hanging chillies. They are also far more pungent and are used in pappads.

62. Careya arborea

Kumyo, Kaval

PATNA OAK

Tree, 5 to 15 metres tall

Seeds

Barringtoniaceae

Indo-Malaysin

This tree grows naturally on the hillsides alongside the Jamun, Kantam and Churna plants. The leaf of the Kumyo is rolled into a cone and stapled with a broomstick to form a receptacle called "dohno" or "drone" to carry these berries.

Two Leaves are used to envelope jowar roti when roasting it on hot coals.

The wood is termite resistant. It is used for carts and implement handles. It is a good fuel wood.

63. Carica paoaya

Popai, Papita

PAPAYA

Herb, 2 to 5 metres tall

Seeds

Caricaceae

Tropical America, West Indies

This plant grows with a single soft stem that is very susceptible to water-logging. Raw fruit is cooked as vegetable or cut to extract latex for papain and meat tenderizers. Mature fruits are candied to make tutti fruiti. Ripe fruit are eaten as dessert. Fruits are rich in Vitamins A &C.

64. Carissa carandas

Kantam, carvonda

INDIAN CHERRY, CARANDA

Shrub, thorny 2 to 3 metres tall Seeds Apocynaceae Tropical Asia & Africa

The deep red berries are eaten fresh or made into jams during March to May period. Raw berries are pickled in brine or masala. The plant makes a good bio-fence due to its thorny nature and drought tolerance.

65. Caryota urens

Billo maad

FISH-TAIL PALM

Palm, 10 to 30 metres tall

Seeds

Palmae

Indo-Malaysia

Self-sown plants of Billo maad are found throughout Goa. It occurs on sandy beaches and rocky hill-tops alike.

The fronds are used for decoration at feasts, irrespective of religion. The fruit bunches are strung on coir rope to make decorative curtains. The leaf bases (peedo) can be used to make coarse brushes for lime-washing walls. The tender leaf crown is edible.

Toddy can be made into jaggery or alcoholic drink. Sago can be made from old stems. However, this is not done in Goa now.

66. Cassia fistula

Bhavo, Baya

INDIAN LABERNUM, PIPE TREE

Tree 5 to 15 metres tall

Seeds

Leguminosae (Caesalpiniaceae)

Tropical Africa

This is a beautiful ornamental tree with bunches of golden flowers in February-April.

The leaves are fried and mixed with rice and coconut to relieve stomach-ache. Young leaves are a laxative. The bark juice is used to treat diarrhoea. Bark is also used for tanning leather.

67. Cassia tora

Talkuli, Taikulo.

SICKLE SENNA

Herb, 30cm to one metre tall

Seeds

Leguminosae (Caesalpiniaceae)

Tropical Asia

This plant grows self-sown in abundance during each rainy-season from hill slopes to the plains.

The tender leaves are used as vegetables. Leaf juice prevents eruptions due to mosquito bites. Leaves are used to treat skin ailments from ringworm to gonorrhoea (STD)

The seeds of **Taikulo** can be roasted and used as coffee substitute. Fresh seeds are used as mordant for fixing cloth dyes.

68.Casuarina equisitifolia

Shuru, Suru

BEEFWOOD, AUSTRALIAN PINE.

Tree, 10 to 30 metres tall

Seeds, Transplanted

Casuarinaceae

Australia & Polynesia

This tree is extensively planted along the Goan coast. It has pine-like green needles (cladodes).

The branches are used as substitute for Christmas Tree. The twigs are used in wreaths. Poles of casua rina are used for shuttering while laying concrete.

69. Ceiba pentandra

Kapok, Hirvi Sanvor

SILK COTTON TREE
Tree, 10 to 20 metres tall
Seeds
Bombacaceae
Tropical America & Africa

The cotton floss is similar to that of *Bombax* and is put to similar use. The tree is fast growing and even its mature trunk is green in colour. Cotton seed oil is extracted for soaps

70. Centrella asiatica

Brahmi, Azravel HYDROCOTYL Herbs, ground cover Clump division, seeds

Hydrocotylaceae Tropical Asia

The leaves are edible and can be used as vegetable. It is a tonic, blood purifier and is used in treatment for nervous disorders, fevers, hair loss, piles, dysentery and common colds.

71. Citrus aurantifolia

Limbu, Limao, Nimbu

LIME, LEMON

Shub, 1 to 3 metres tall

Seed, cuttings, budlings, layers.

Rutaceae

Indo-Malaysia & China

The citrus genus is very difficult to classify taxanomically. One botanist puts them in a dozen species while the other lists more than 200 species. Limes, lemons, oranges, tangerines, sweetlimes pumelo, grapefruit and the citron belong to this genus.

72. Chrysanthemum morifolium

Shinvtem, Xinvtem

CHRYSANTHEMUM.

Herb 20 to 50 centimetres tall

Seeds, Cuttings

Compositae

Persia (Iran)

It is a common winter flower. Both seasonal and perennial varieties of plants are available. The common variety is a light butter-yellow colour. Red, mauve, salmon, purple and mixed colour flowers are also available.

73. Cinnamomum zeylanicum

Tikki, Dalchini, Tejpatta.

CINNAMON

Tree, Cultivated as shrub.

Seeds, Transplanted

Lauraceae

India & Srilanka

The bark of one year old stems is dried in shade and used as spice. The leaves also impart flavour to meat and biryani.

74. Cocos nucifera

Nal, Nariyal

COCONUT

Palm, 20 to 40 metres tall

Seeds, Transplanted

Palmae

Asia and Polynesia

Coconut is a major cultivated crop. The varieties are known by the villages of popular cultivation, viz Benaulim and Calangute. A selection of Benaulim type with green, round nuts has been released by KKV under the name of "Pratap". It has the highest copra yield per tree per year among all the known varieties of coconut.

75. Codiaeum variegatum

Croton

Shrub 1 to 2 metres tall

Cuttings, layers

Euphorbiaceae

Australia.

This is a widely grown leafy ornamental plant. The leaf shapes and colours are of a very wide range.

76. Coleus blumei

Coleus

FLAME NETTLE

Herb, 20 to 50cm tall

Cuttings, clump division

Labiatae

Tropical Asia & Africa.

This is an ornamental plant that is commonly grown in Goa since the 1970s. It is quick growing and easily multiplied. The leaves are of different shapes, sizes and colours.

77. Colocasia esculenta

Tero. Terem

TARO. ELEPHANT'S EARS

Herb. 50cm to 1 metre tall

Rhizomes, seeds

Araceae

Tropical Asia

It is easy to confuse Alocasia, Caladium and Colocasia for each other. They look a like and belong to the same family.

The tubers of colocasia are more nutritive than potatoes. The leaves are edible. Both , the tubers and the leaves, must be boiled to remove bitterness due to calcium oxalate crystals.



Musk Melon Cucumis melo



Water Melon
Citrillus lanatus

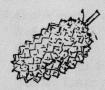


Sponge Gourd Luffa cylindrica



Air potato

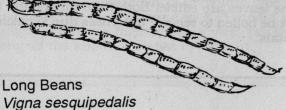
Dioscorrea bulbifera



Faglam Momordica dioica



Radish Raphanus sativa



78. Couroupita guinensis

Kailaspati
CANNONBALL TREE
Tree, 20 to 30 metres tall
Seeds
Lecythidaceae
West Indies & Peru

This tree bears large round, hard fruits resembling ancient cannon balls. Flowers are large and emerge from the main trunk as in jackfruit.

A good specimen can be seen on he road side near Santa Cruz Church.

79. Crossandra undulifolia

Abolim, Priyadarsa.
FIRE CRACKER FLOWER
Herb to Shrub, 1 metre tall
Seeds, Cuttings
Acanthaceae
India

This plant is grown for its salmon coloured to orange flowers. The **Ratan Abolim** have compact, partly opened flowers and are grown extensively. Varieties will fully open flowers are known as "**Pishim Abolim**" and have poor demand.

80. Curcuma longa

Halod, Haldi
TURMERIC (not saffron)
Herb, 30cm. to 1 metre tall
Rhizome division
Zingiberaceae
Indo-Malaysia region.

The boiled and dried rhizomes are used as a colouring agent, spice, preservative and an antiseptic. The leaves are used to steam the ground rice delicacy locally known as pathodeo.

81.Cyamopsis tetragonoloba

Chidki-Midki, Tidki, Guar

CLUSTER BEANS

Herb. 1 to 2 metres tall

Seeds

Leguminosae (Papilionaceae)

India & Africa.

It is a vegetable plant grown for its green, flat pods all round the year.

82. Cycas circinalis

SAGO PALM, CYCAS

Palm. 2 to 5 metres tall

Seeds, suckers

Cycadaceae

Indo-Malaysia region

This plant is not a palm although it looks like one. It is a Gymnosperm. The leaves are used for decorations.

83. Cymbopogon flexuosus

Ganjan

LEMON GRASS

Grass, Half to one metre tall

Seeds, Clump division

Poaceae (Graminae)

South India

The root is used to flavour tea and to treat cholera, diarrhoea, vomiting and other gastric irritations. Citral extracted from its oil is an insect repellent.

84. Cynodon dactylon

Hariyali, Druva, Durvo

NUT GRASS, BERMUDA GRASS

Grass, creeping ground cover

Poaceae (Graminae)

India

This grass is used for lawns, medicine and in hindu rituals, including the last rites. It serves as a fodder grass.

D

85. Dalbergia latifolia

Sissum, Shisso

ROSEWOOD

Tree, 20 to 30 metres tall

Seeds

Leguminosae

India

This tree is grown for its high quality timber.

86. Datura metel

Dutro

HINDU DATURA

Shrub, one metre tall

Seeds

Solanaceae

India

All Datura plants have some intoxicating or narcotic compound. A beedi made of Datura leaves is smoked to reduce asthmatic coughs, bronchitis and whooping cough. Daturine present in its leaves and seeds has similar properties as atropine.

87. Dieffenbachia picta

DUMB CANE

Herb, 1 to 3 metres tall

Cutting, Seeds

Araceae

Tropical Central America

This is a common ornamental plant with a large number of hybrids coming in during this decade. The stem is cylindrical and soft. It is not browsed by cattle as it deadens the tongue temporarily. Keep the plant away from toddlers.

88. Dillenia indica

Karmal

ELEPHANT APPLE

Tree, 10 to 15 mettres tall

Seeds

Dilleniaceae

India to Indonesia.

Large, spreading tree with very large fruits having edible, fleshy bracts. Wood is used for dug-outs and canoes as it is durable in water.

89. Dioscorea bulbifera

Karane, Karando, Katakonong

AIR POTATO, POTATO YAM

Vine, soft stemmed

Tubers

Dioscoreaceae

Tropical Asia

Edible tubers are produced at ground level as well as on the aerial parts of the vine. Cooked and eaten like sweet potato or true potato.

90. Diospyros ebenaster

Mangustao

VELVET APPLE, BLACK SAPOTA

Tree, 10 to 20 metres tall

Seeds, Grafting.

Ebenaceae

Mexico

Fruits have red to maroon velvety skin and creamy yellow pulp. Fruit pulp is eaten just like the chickoo.

91. Dracaena marginata

CORDYLINE, DRACAENA

Shrub, 1 to 2 metres tall

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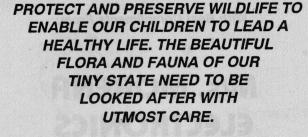
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Agavaceae
Tropical countries

This plant has attractive red or cream and green grass-like leaves and is widely used as an ornamental plant along with crotons.

92. Duranta plumeiri

Grinalde

ROSARY BEAD TREE, DURANTA Shrub, 1 to 5 metres tall

Cuttings, Seeds

Verbenaceae

Indo-Malaysia region.

This plant has green, golden, cream or variegated leaves, mauve to pale blue flowers and shining, bead-like yellow fruits. Widely used a hedge plant.

93. Eichhornia crassipes

WATER HYACINTH

Herb, weed, aquatic.

Seeds, cuttings, fragments

Pontederiaceae

Central Ameriica.

Free-floating plant with fleshy leaves and swollen, air-filled leaf bases. It bears attractive blue to purple flowers.

94. Elaeis guineensis

Tel maad

RED OIL PALM

Palm, 10 to 20 metres tall

Seeds.

Palmae

Tropical America & Africa

The hybrid of Dura and Pisifera oil palms is known

as Tenera oil palm. The soft pulp covering the nut is rich in oil commonly known as palmolein.

95. Elettaria cardamomum

Velchi, Elaichi

CARDAMON

Herb, 2 to 3 metres tall

Seeds, Tissue culture

Zingiberaceae

India

Cardamon grows into a clump and bears flowers/capsules just above ground level. It is a popular flavouring agent.

96. Eleusine coracana

Nachini, Ragi

FINGER MILLET

Grass, 30 to 70 cm tall

Seeds

Poaceae (Graminae)

India and Africa

It is an important cereal crop rich in calcium. The grain resembles mustard seed.

97. Entada scandens

Garbi

TARZAN VINE, ST. THOMAS BEAN

Vine, woody

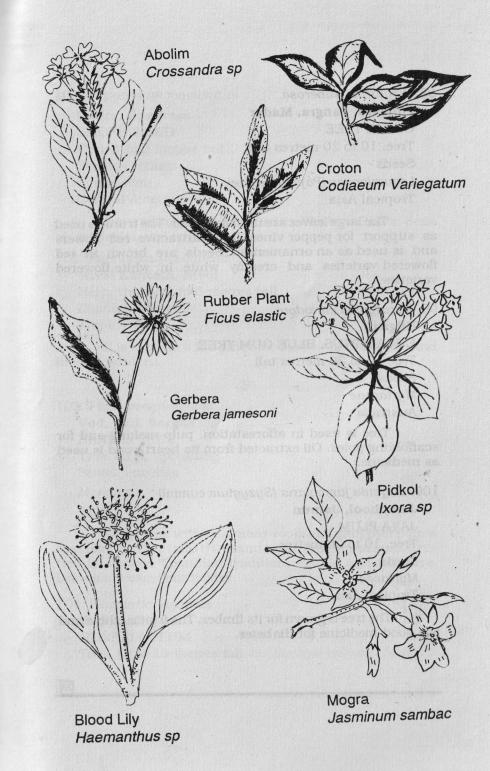
Seeds

Leguminosae (Papilionaceae)

Tropical Africa & Asia

The vine grows from tree to tree after climbing along the trunk of one tree. It bears large pods with hard, maroon to brown woody, large seeds.





98. Erythrina suberosa

Pongaro, Pangra, Madar

CORAL TREE

Tree, 10 to 20 metres tall

Seeds

Leguminosae (Papilionaceae)

Tropical Asia

The large leaves are used as fodder. The trunk is used as support for pepper vines. It has attractive red flowers and is used as an ornamental. Seeds are brown in red flowered varieties and creamy white in white flowered varieties.

99. Eucalyptus citriodora

Nilgiri

EUCALYPTUS, BLUE GUM TREE

Tree 10 to 30 metres tall

Seeds

Myrtaceae

Australia

Tree is used in afforestation, pulp making and for scaffolding poles. Oil extracted from its heart wood is used as medicine.

100. Eugenia jambolana (Syzygium cumini)

Jambhool, Jamun

JAVA PLUM

Tree, 10 to 20 metres

Seeds

Myrtaceae

Tropical Asia

The tree is grown for its timber. The fruit is edible and is a good medicine for diabetes.

101. Eupatorium maculatum

Indira, Congress

SMOKE WEED

Herb 1 to 2 metres tall

Seeds, cuttings

Compositae

Central America

It is a severe weed in the entire Western Ghats. Seen on roadsides and in plantations

102. Euphorbia pseudocactus

Nival Kantem, Nivol

Herb, thorny 2 to 3 metres tall

Euphorbiaceae

Tropical Asia

It is used as a live fence for cashew plantations, and hillside gardens.

F

103. Ficus benghalensis

Vod, Vad, Bargad

BANYAN TREE

Tree, large, spreading

Seeds, cuttings

Moraceae

India

Large tree with columnar roots and daughter plants that may cover several thousand square metres of land. This tree is steeped in Indian tradition, rituals and folk lore. Leaves are excellent fodder.

104. Flacourtia jagomas

Jagam, Jogma

RUNEALA PLUM

Tree. 10 to 15 metres tall

Seeds
Flacourtiaceae
Tropical Asia & Africa.

The deep red-brown fruit is relished by children. The many seeded fruits mature during October-November.

G

105. Gaillardia pulchella
BLANKET FLOWERS
Herb 20 to 50cm tall
Seeds
Compositae
North America

This is an easy to grow plant that has great potential for use as cut-flower around the year

106. Garcinia indica
Bhirand, Bindam, Kokum

BRINDONNE
Tree, 5 to 15 metres tall
Seeds, grafts
India

The fruit pulp can be eaten. The thick rind is used in syrups, jams, jellies, wines. Dried rind is used to make sol-Kadi, a digestive drink. The seed oil is called Goa Butter or Bindell. It is edible and used in medicine for mascular pains.

107. Glyricidia sepium

MADRE
Shrub, 2 to 5 metres tall
Seeds, cuttings
Leguminosae (Papilionaceae)
Tropical America

This shrub is used for live fences and serves as a good source of green leaf manure. Bears mauve flowers in clusters during December-January.

108. Gmelina arborea

Shivan

WHITE TEAK, BUSH BEECH

Tree, 10 to 20 metres tall

Seeds

Verbenaceae

India and Pacific Islands

The timber is light weight and used for yokes or furniture. The fruits are eaten by animals.

109. Gloriosa superba

Wagnak, Languli

GLORY LILY

Vine, soft stemmed

Seeds, tubers

Liliaceae

Tropical Asia

This climber sprouts up during the rains and bears beautiful flowers with red and yellow, claw-shaped petals. The root and the pods are poisonous but one is the antidote for the other. Used to control piles, leprosy and skin parasites.

110. Gomphrena globosa

Butao

BACHELOR'S BUTTON, GLOBE AMARANTH

Herb, 20 to 30 cm tall

Seeds

Amaranthaceae

India

The plant is cultivated for its purple, pink, orange or white ball-like flowers herds.

111. Gypsophila elegans

Gypso

BABY'S BREATH

Herb 20 to 40 cm tall Seeds, Cuttings Caryophyllaceae Russia

The flowers are used in bouquets.

112. Grewia micrococos

Ansale, Chivram

Shrub 1 to 3 metres tall

Seeds

Tiliaceae

India

The raw fruits are used as ammunition for the "Fotas". The ripe fruits turn black and are enjoyed by children.

113. Gladiolus primulinus

Gladioli

Herb, 30 to 50 cm tall

Bulbs, corms

Iridaceae

Africa.

This is a widely grown seasonal plant for cut-flower spikes of many colours. The scented gladioli or Orchid Gladioli belong to *Acidanthera bicolor* of the same family.

H

114. Haemanthus multiflorus

BLOOD LILY, FOOTBALL LILY

Herb 30 to 50 centimetres tall

Bulbs

Amaryllidaceae

Tropical Africa.

The blood red, bristled, football shaped lily grows naturally during monsoons in Goa

115. Heliconia brasiliensis

Kulleche Dange

CRAB'S CLAWS

Herb. 1 to 3 metres tall

Heliconiaceae (Musaceae)

Brazil

The plant resembles that of banana and its inflorescence is used as a cut-flower.

116. Hevea brasiliensis

PARA RUBBER

Tree, 10 to 20 metres tall

Seeds, stumps or cutting

Euphorbiaceae

Brazil (Amazon basin)

This tree has replaced *Ficus elastica* as the primary source of natural rubber.

117. Hibiscus rosa-sinensins

Doshin, Dashwanti

SHOE FLOWER

Shrub, 2 to 5 metres tall

Cuttings, layers, grafts

Malvaceae

India & china.

Shoe flower petals are an edible salad dressing. They also yield a hair dye, a boot polish and an acid-base indicator.

1

118. Impatiens sultani

Chiddo, Sempre Noiva

PATIENT LUCY, BUSY LIZZIE

Herb, 30 to 50cm tall.

Seeds, cuttings

Balsaminaceae Central Africa.

This is a round the year, free-flowering, soft-stemmed plant that is grown in pots placed in partial shade.

119. Ipomoea batatas

Konongi, Konga

SWEET POTATO

Vine, soft stemmed

Vine cutting, tubers

Convolvulaceae

West-Indies

This vine is cultivated during winter for its tubers. Vine cutting are maintained in coconut gardens during monsoon period for fresh planting after paddy harvest. New varieties introduced in 1994 yield tubers during rainy season also.

120. Ipomoea tricolor

MORNING GLORY, HEAVENLY BLUE

Vine

Seeds

Convolvulaceae

Mexico.

Thisvine bears beautiful blue flower Seeds contain LSD, a powerful hallucinogen.

121. Jacaranda mimosaefolia

JACARANDA

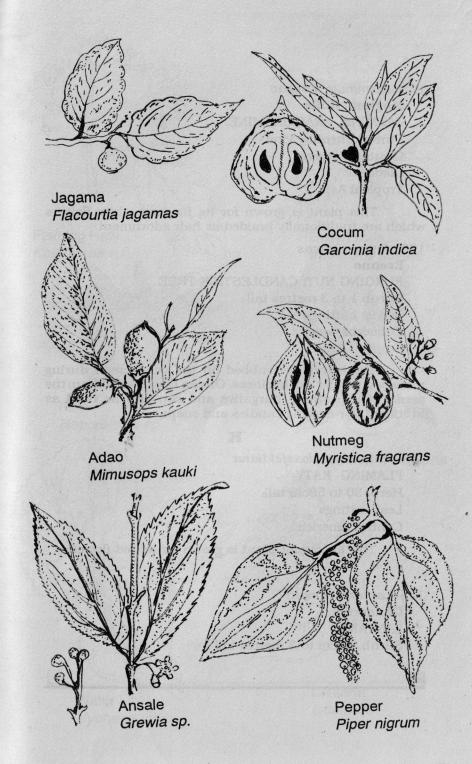
Tree, 10 to 15 metres tall

Seeds

Bignoniaceae

Tropical south America

Tree resembles the Gulmohur but bears purple to lilac flowers in January.



122. Jasminum sambac

Mogrem, Kolle

JASMINE, ARAB JASMINE.

Vine or shrubby vine

Cuttings, layers

Oleaceae

Tropical Asia

This plant is grown for its fragrant white flowers which are traditionally braided as hair adornment.

123. Jatropa curcas

Erenne

PURGING NUT, CANDLESTICK TREE

Shrub 1 to 3 metres tall

Seeds, cuttings

Euphorbiaceae

Tropical Asia.

The leaves are rubbed on the windscreen during monsoon to clear it of haziness. Oil can be extracted from the seeds. It is a strong purgative and can also be used as lubricant, for making candles and soaps.

K

124. Kalanchoe blossfeldiana

FLAMING KATY

Herb, 30 to 50cm tall.

Leaf cuttings

Central America.

This succulent plant is grown for its red flowers.

L

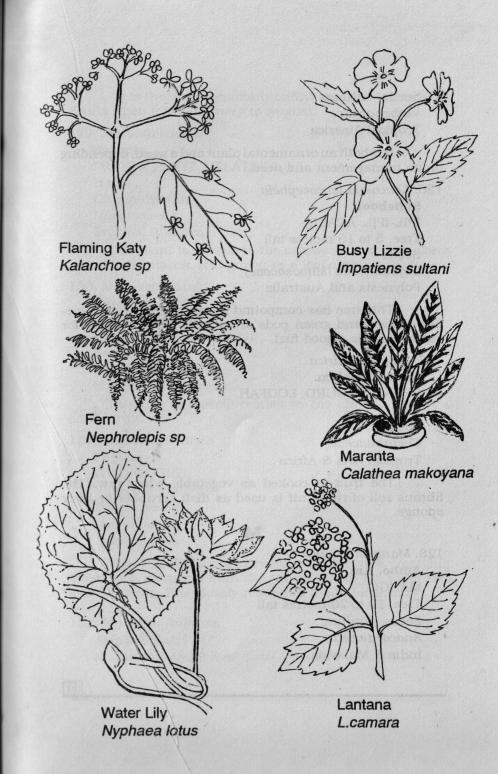
125. Lantana camara

Ghanerem

LANTANA

Shrub, 30cm to 3 metres tall





Seeds, cuttings Verbenaceae. Tropical America

It is both an ornamental plant and a weed, depending on its management and need.

126. Leucaena leucocephela

Subabool

IPIL-IPIL, ACACIA

Tree, 5 to 15 metres tall

Seeds

Leguminosae (Mimosaceae)

Polynesia and Australia

This tree has compound leaves like the touch-menot. Leaves and green pods are a high-protein fodder for cattle. Wood is a good fuel.

127. Luffa cylindrica

Marte Gosalem

SPONGE GOURD, LOOFAH

Vine

Seeds

Cucurbitaceae

Tropical Asia & Africa

The fruit is cooked as vegetable when raw. The fibrous roll of ripe fruit is used as dish scrubber or body sponge.

M

128. Mangifera indica

Ambo, Am

MANGO

Tree, 10 to 20 metres tall

Seeds, Grafting

Anacardiaceae

India & Malaysia

It is the most commonly cultivated fruit tree in Goa. Fruits ripen from February to August.

129. Maranta tricolor

Maranta

PRAYER PLANT, CALATHEA

Herb

Clump division

Marantaceae

Tropical America

This plant is related to the arrowroot and the tubers are rich in starch. It is grown as a leaf ornamental.

130. Mimusops kauki

Adao,

MANILKARA

Tree, 10 to 30 metres tall

Seeds, grafting

Sapotaceae

Malaysia & Polynesia.

This tree is closely related to the chickoo and has edible fruit.

131. Momordica dioica

Faglam

WILD GOURD

Vine, soft stemmed

Tubers seeds

Cucurbitaceae

Tropical Asia

This is a perennial cucurbit with the vine emerging anew each monsoon from the tubers. There are male and female plants. It is closely related to the bitter gourd.

132. Myristica fragrans

Jaiphal, Patri

NUTMEG, MACE

Tree, 5 to 10 metres tall
Seeds, Grafting
Myristicaceae
Moluccas & Indonesia

This spice tree is normally grown in arecanut plantations.

133. Nephrolepis exaltata

FERN
Herb, 10 to 50 cm tall
Spores, clump division
Polypodiaceae
Tropical Asia

Ferns grow well in humid areas., like areca plantation and wells.

134. Nerium oleander

Mistis, Kaner
OLEANDER
Shrub, 1 to 5 metres tall
Cuttings, seeds

Apocynaceae

Mediteranean region

It is grown as an ornamental plant for its pink or red flowers. Its roots are poisonous and are used for abortions and rat control alike.

135. Nymphea lotus

Salkam

WATER LILY, LOTUS

Herb, aquatic

Seeds, rhizome division

Nymphaeaceae

Tropical Asia

Red, white and pink flowered lilies are often seen in tanks, ponds and paddy fields during monsoons. Plant

survives and flowers around the year in shallow, muddy water.

0

136. Opuntia comanchica

Pathem

CAT'S PAW CACTUS

Herb, Succulent 1 to 3 metres tall

Stem sections, offsets.

Cactaceae

Mexico

This thorny cactus is used as a live fence or as an ornamental. It is integral to the sand dunes on the beach. The red fruit are roasted over hot coals and the juice used to treat whooping cough.

137. Oryza sativa

Bath, Tandu

RICE, PADDY

Herb, Grass 0.5 to 1 metres tall

Poaceae (Graminae)

Tropical Asia and Africa.

It is the most commonly grown cereal crop in Goa and forms the staple diet.

138. Passiflora edulis

Krishna Kamal

PASSION FRUIT, GRENADILLA

Vine, Perennial

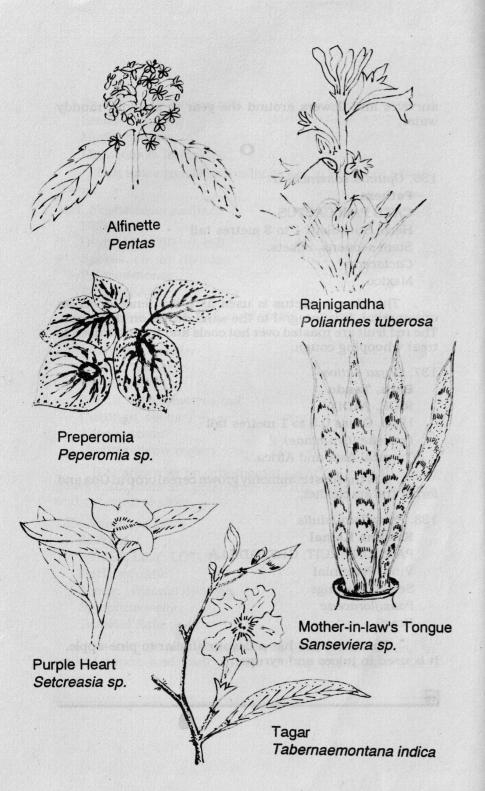
Seeds, Cuttings

Passifloraceae

Brazil

The fruit juice has a flavour similar to pine-apple. It is used in juices and syrups.

44



139. Phyllanthus emblica

Avande Aonla, Amla

EMBELLIC, MYROBOLAN

Tree 5 to 15 metres tall

Seeds

Euphorbiaceae

Tropical Asia, India.

The fruit is rich in vitamin C. It is used in pickles or eaten fresh.

140. Piper nigrum

Miriam, Miri

BLACK PEPPER

Vine, Climber

Cuttings, Seeds

Piperaceae

India & Malaysia

This spice is grown on arecanut, coconut, mango or *Erythrina* plant.

141. Polianthes tuberosa

Rajnigandha

TUBEROSE

Herb, half to one metre tall

Bulblets, Clump division.

Agavaceae

Mexico

The single petalled varieties are smaller but more fragrant than the double petalled varieties.

142. Psidium guajava

Peru, Amrud

GUAVA, POOR MAN'S APPLE
Tree, 2 to 10 metres tall
Grafts, seeds
Myrtaceae
Peru, Mexico
Very common fruit in Goa.

143. Quisqualis indica

Kolvant

RANGOON CREEPER

Vine

Clump division

Combretaceae

India - Malaysia

This ceeeper grows vigorously and can be trained on walls, pergolas, trellis ets. It produces sented flowers which are white with shades of pink. It flowers throughout the year with heavy blooms in summer and the rains.

144. Raphanus sativus

Mulo

RADISH

Herb

Seeds, Direct sown

Brassicaceae (Cruciferae)

Temperature Europe

Radish is rich in vitamin A, B & C. It is good for those suffering from piles, jaundice and enlarged spleen. It also stimulates appetite.

In Goa, raddish is normally grown from October to February.

145. Roystonea regia

BOTTLE PALM

Palm 5 to 20 metres tall

Seeds

Palmae

West Indies.

Royal palm is one of the stateliest of all palms.

It is commonly planted in parks and also for creating graceful avenues.

146. Selaginella martensii

BLUE FERN, PEACOCK FERN

CLUMP DIVISION.

Selaginellaceae

Mexico

These plants are often mistaken for ferns. Some varieties grow erect though these are generally trailing plants. The stem produces stilt roots that grow down to the soil.

147. Solidago canadensis

Bangarachi conshi

GOLDEN ROD

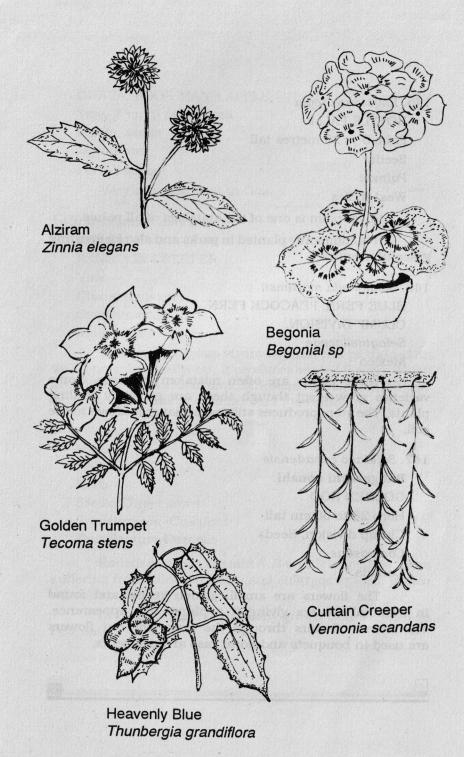
Herb 20 to 50 cm tall

Clump division, Seeds

Compositae

Canada

The flowers are small, golden yellow and found in terminal clusters giving it a plume like appearence. The shrub flowers through the year. The cut flowers are used in bouquets and floral vase arrangements.



148. Semecarpus anacardium

Bibo, Bhilawa MARKING NUT Tree, 5 to 15 metres tall Anacardiaceae Tropical Asia

The tree is leafless from February to April. The fruit is long, somewhat flattened and black when ripe. The rind of the hard nut abounds in an oil which is bitter and causes blisters on the skin. The juice of the fruit is use for varnish paint and plastic industry. The inner flesh is edible.

149. Solanum melongena

Vaingem, vaingim
BRINJAL, AUBERGINE, EGG PLANT
Seeds, Transplanted
Solanaceae
Native of India

Brinjal is a very popular vegetable in Goa. It has a lot of medicinal properties. It improves appetite, enriches blood and cures tooth-ache. It has adverse effects on piles, asthma, bronchitis and bladder stones.

The brinjal is cultivated for its fleshy fruits which are mainly purple, green and off-white in colour.

The plant can be grown as perennial. They can also be grafted on to wild brinjal root stocks.

150. Spathyphyllum wallisii
OIL-CLOTH FLOWER, PEACE LILY
Herb, 20 to 50 cm tall
Suckers, seeds

Araceae

Tropical America

The flowers of this plant resemble the Anthurium and hence this plant is often mistaken for it.

151. Syzygium aromaticum

Lavang, Calapur

CLOVE

Tree, 5 to 25 metres tall

Seeds, Grafting

Myrtaceae

Tropical Asia

Clove is the unopened, mature dried flower bud of the clove plant.

152. Tabernaemontana indica

Anant, Nenti, Santo Anton

TAGAR

Shrub.1 to 2 metres tall

Cuttings

Apocynaceae

Tropical Asia & America

The flowers are pure white, single or double petalled and possess a delicate fragrance. The corolla takes the form of a small cylindrical tube opening into a number of distinct petals, which are rather flat, fleshy and arranged over lapping one another.

153. Tamarindus indica

Chinch, Amsann

TAMARIND

Tree, 10 to 20 metres tall

Seeds

Leguminaceae (Mimosaceae)

Sudan

Tamarind is large tree with spreading branches. Initially, it is slow growing., but has a long life of over 200 years. It has fine leaflets which are sour in taste. The fruits are curved pods which are greenish brown. The pods are havested in January-February and the seeds are removed after sun-drying. These brown pods are used in curries sauces and "amte" which is eaten with roasted pork.

154. Thevetia peruviana

Pivla Kaner, Kaner

Yellow Oleander

Shrub, 1 to 5 metres tall

Cuttings, Seed

Apocynaceae

West Indies

The flowers are yellow, bell-shaped fragrant and seen throughout the year.

155. Zanthoxylum rhetsa

Tirphal, Teifol, Chirphal

Tree 5 to 15 metres tall

Seed, transplanted

Rutaceae

India

The unripe fruit of these trees are used to give a distinct flavour to Goan curries.

156. Zinnia elegans

Alziram

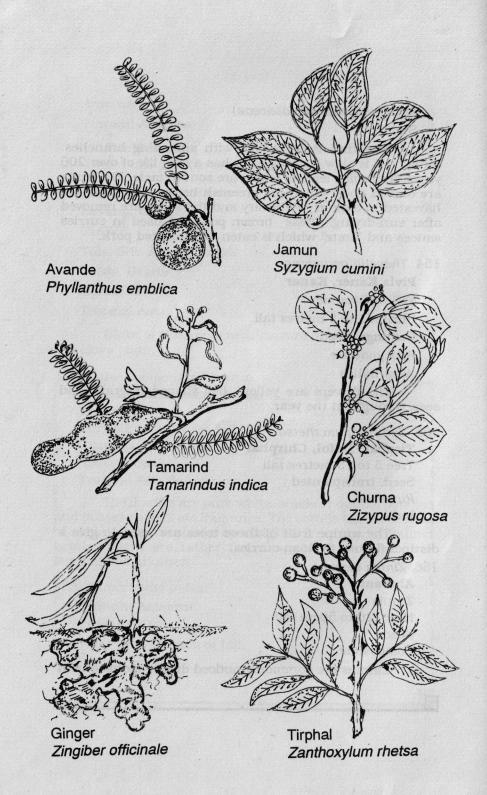
Zinnia

Herb, 20 to 50cm tall

Seeds

Compositae

Zinnias are commonly noticed during monsoons in



gardens. There are tall and dwarf varieties ranging from fifteen centimetres to a metre in height. The leaves are ovate and are directly attached to the stem.

157. Zizyphus mauritiana

Ber, Bor, Boram

JUJUBE

Tree . 5 to 10 metres tall

Rhamnaceae

India, Tropical Africa

Ber is rich source of vitamin C and fruit sugar. It is also a source of Vitamin A and iron.

We enjoy our festivals when we are free and we work hard when we have commitments to honour

> Besides, for temples, churches and beaches Goa is now known for massive socio-economic monument build by its people with scientific planning

Blessed by nature's bounties Goa has earned recognition For its contribution in the nation building task.

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